



BSS Hands-On Meeting 2018

Programme

Thursday 17 May 2018

Time	Title	Speaker	Room
09:00	<i>Registration & coffee</i>		<i>Quay Suite</i>
09:25	Welcome	Dr Lizzie Hill (Edinburgh)	City Suite
09:30	Update on non-respiratory sleep	Dr Ian Morrison (Dundee)	City Suite
10:00	Paediatric sleep scoring in the UK	Kylie Russo (London)	City Suite
10:30	<i>Coffee & exhibitors</i>		<i>Quay Suite</i>
11:00	OSA on CPAP but still sleepy – what to consider?	Dr Alison McMillan (Stevenage)	City Suite
11:30	Update on respiratory sleep	Dr Robin Smith (Dundee)	City Suite
12:00	<i>Lunch & exhibitors</i>		<i>Quay Suite</i>
12:20-13:00	<i>Optional Lunchtime session: Alternatives to CPAP</i>	Dr Tim Quinnell	City Suite
13:00 – 14:00	Workshop Theme: Diagnostics <i>Rotating Groups</i>		
14:00 – 15:00	WORKSHOP 1: Sleep staging Dr Lizzie Hill (Edinburgh); Andrew Morley (Glasgow) ROOM: The Art Gallery	WORKSHOP 2: Telemonitoring Phyllis Murphie (Dumfries) ROOM: City Suite	WORKSHOP 3: Actigraphy Rachel Pickersgill (Bristol); Dr Stephen Emegbo (Liverpool) ROOM: The Melbourne
15:30 – 16:30	<i>Coffee & exhibitors</i>		<i>Quay Suite</i>
16:30	Mindfulness for sleep	Dr Avinash Bansode (Edinburgh)	City Suite
17:30	Close	Dr Lizzie Hill (Edinburgh)	City Suite
19:00	Evening Dinner		The Art Gallery



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09:00	<i>Registration & coffee</i>		<i>Quay Suite</i>
09:25	Welcome	Dr Lizzie Hill (Edinburgh)	City Suite
09:30	Diagnosis: Practicalities, pitfalls and pragmatism	Dr Tim Quinnell (Cambridge)	City Suite
10:00	Sleep for healthcare professionals	Dr Mike Farquhar (London)	City Suite
10:30	<i>Coffee & exhibitors</i>		<i>Quay Suite</i>
11:00 – 12:00	Workshop Theme: Treatment <i>Rotating Groups</i>		
13:00 – 14:00	WORKSHOP 4: Paediatric sleep studies Dr Ruth Kingshott (Sheffield) ROOM: City Suite	WORKSHOP 5: Introduction to CBTi Prof Jason Ellis (Newcastle) ROOM: The Art Gallery	WORKSHOP 6: Transition clinic case studies Dr Renata Riha (Edinburgh) ROOM: The Melbourne
14:00 – 15:00	<i>Lunch & exhibitors</i>		<i>Quay Suite</i>
15:00	Closing remarks	Dr Lizzie Hill (Edinburgh) EC; Dr Tim Quinnell (Cambridge)	City Suite