



British Sleep Society

UK Multidisciplinary Sleep Professionals

Early Bird
Deadline
8th April 2018

Hands-On Meeting | 17-18 May 2018

BSS

The British Sleep Society Hands-On meeting is a practical, clinically-focused conference aimed at multidisciplinary individuals with a professional interest in sleep medicine. Join us in the beautiful city of Dundee for what promises to be an excellent update!

*Early Bird Deadline - 8 th April 2018	BSS Member	Non Member
Full Conference	*£250/£300	*£300/£350
Single Day	*£150/£200	*£200/£250

Travel
Bursaries
Available

Dundee The Apex Hotel

For more information visit: www.sleepsociety.org.uk or email: admin@sleepsociety.org.uk

BSS Hands-On Meeting

17-18 May 2018

Programme

Thursday 17th May 2018

Update on non-respiratory sleep – **Dr Ian Morrison**

Paediatric Sleep Scoring in the UK – **Kylie Russo**

OSA on CPAP but still sleepy- what to consider? – **Dr Alison McMillan**

Update on Respiratory Sleep – **Dr Robin Smith**

Mindfulness for sleep – **Dr Avinash Bansode**

Optional lunchtime session:

- Alternatives to CPAP - **Dr Tim Quinnell**

Workshops:

- Sleep Staging – **Dr Lizzie Hill**
- Telemonitoring – **Phyllis Murphie**
- Actigraphy – **Rachel Pickersgill**

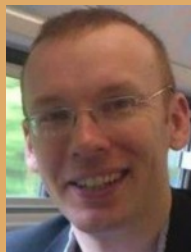
Friday 17th May 2018

Diagnosis: Practicalities, pitfalls and pragmatism – **Dr Tim Quinnell**

Sleep for Healthcare professionals – **Dr Mike Farquhar**

Workshops:

- Paediatric Sleep Studies – **Dr Ruth Kingshott**
- Introduction to CBTi – **Prof Jason Ellis**
- Transition clinic case studies – **Dr Renata Riha**



Registration
Open Now

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